

# Naming My Non-Negotiables

1. Pray and ask God to help you know what to name as your non-negotiables.
2. After examining your values + your responsibilities what jumps out to you as the 3-5 things that WILL happen in your day, no matter what? Name them below.

<i>Non-Negotiable</i>	<i>Value</i>

\*Remember, no more than five!!!

It's time to live into your non-negotiables. If you are hitting obstacles pay attention to what is getting in the way. If this feels hard, please hang in there. We will begin addressing the other responsibilities next week and how you can live them out in sync with your values.